



# ST. VINCENT SCHOOLS

## MARCH 2023

### JR/SR HIGH SCHOOL MENU

**\*POSSIBLE CHANGES IN MENU IF NECESSARY\***

**\*ALL MEALS SERVED WITH LETTUCE SALAD & CHOICE OF MILK\***

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|--|--|--|--|---|
|  |  | <b>1</b> Toasted Ravioli<br>Marinara Sauce<br>Peas<br>Texas Toast<br>SPeaches  | <b>2</b> Chicken Patty<br>Sandwich<br>Tator Tots<br>Pineapple Chunks<br>Sugar Cookie       | <b>3</b> French Toast<br>Casserole<br>Hash Brown<br>Orange Juice<br>Applesauce                                  |
| <b>6</b> Corn Dogs<br>Baked Beans<br>Mixed Fruit<br>Ice Cream Cup                          | <b>7</b> Spaghetti w/Meat<br>Sauce<br>Bread Sticks<br>Corn<br>Pineapple Chunks       | <b>8</b> Chicken Parmesan<br>Caesar Salad<br>Cheese Stick<br>Vanilla Pudding<br>(Chicken Rice, Toast<br>Ch., Pears,<br>Cheesecake) | <b>9</b> Burrito<br>Mixed Vegetables<br>Peaches<br>Rice Krispy Treat                       | <b>10</b><br><br><b>NO<br/>SCHOOL</b>   |
| <b>13</b> Beef Tacos<br>Spanish Rice<br>Pepper & Onion Blend<br>(Lettuce)<br>Pears         | <b>14</b> Pepperoni Pizza<br>Corn<br>Peaches<br>Cinna-Stiks<br>(Cinnamon A)          | <b>15</b> Chicken Nuggets<br>Mashed Potatoes<br>Gravy<br>Dinner Roll<br>Pineapple Chunks   | <b>16</b><br><br><b>EARLY<br/>DISMISSAL</b>  | <b>17</b><br><br><b>NO<br/>SCHOOL</b>   |
| <b>20</b> Sausage &<br>Cheese Biscuit<br>Hash Browns<br>Scrambled Eggs<br>Mandarin Oranges | <b>21</b> Hot Ham and<br>Cheese Sandwich<br>Potato Chips<br>Baked Beans<br>Grapes    | <b>22</b> Sloppy Joes<br>Broccoli & Cheese<br>Chocolate Chip<br>Cookie<br>Applesauce   | <b>23</b> Chicken Fried<br>Steak<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Mixed Fruit | <b>24</b> Nachos &<br>Cheese<br>Corn<br>Jello<br>Peaches  |
| <b>27</b> Rib Patty<br>Quick Baked Potato<br>Pears<br>Brownies                             | <b>28</b> BBQ Chicken<br>Sandwich<br>Baked Beans<br>Mixed Fruit<br>Rice Krispy Treat | <b>29</b> Crisptios<br>Spanish Rice<br>Refried Beans<br>Apple Crisp  | <b>30</b> Salisbury Steak<br>Mashed Potatoes<br>Gravy<br>Dinner Roll<br>Mandarin Oranges   | <b>31</b> Fish Sandwich<br>Coleslaw (Cake)<br>Macaroni & Cheese<br>Peaches<br>(Cheese Ravioli)<br>(Green Beans) |
| <b>HAMBURGERS</b>  | <b>HAMBURGERS</b>  | <b>CHEESEBURGERS</b>   | <b>HAMBURGERS</b>  | <b>CHEESEBURGERS</b>  |

**THIS SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER**

