

# ST. VINCENT SCHOOLS

## SEPTEMBER 2021- JR/SR HIGH SCHOOL MENU

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|---|---|--|---|
|  |   | 1.NIKE/BUN<br>PEAS<br>PICKLE SPEARS<br>LETTUCE SALAD<br>VANILLA PUDDING<br>W/WAFER<br>MILK        | 2.CHICKEN<br>PATTIES<br>MASHED<br>POTATOES, GRAVY<br>LETTUCE SALAD<br>BREAD SLICES<br>BANANA, MILK         | 3.PEPPERONI PIZZA<br>CORN<br>LETTUCE SALAD<br>MIXED FRUIT<br>MILK               |
| 6.<br><br>NO<br>SCHOOL   | 7.BEEF STEW<br>TEXAS TOAST<br>LETTUCE SALAD<br>PEARS<br>MILK  | 8.CORN DOGS<br>BAKED BEANS<br>LETTUCE SALAD<br>BROWNIE<br>MILK                                    | 9.TOASTED<br>RAVIOLI W/SAUCE<br>GLAZED CARROTS<br>LETTUCE SALAD<br>ICE CREAM CUP<br>MILK                   | 10.BISCUITS W/ MILK<br>GRAVY<br>HASH BROWNS<br>LETTUCE SALAD<br>PEACHES<br>MILK |
| 13.HAM &<br>CHEESE/BUN<br>FRENCH FRIES<br>PICKLE SPEARS<br>CARROTS<br>LETTUCE SALAD<br>MANDARIN<br>ORANGES<br>MILK | 14.WALKING<br>TACOS<br>CHEESE<br>LETTUCE<br>SALSA<br>LETTUCE SALAD<br>FRUIT CRISP<br>MILK                                   | 15.CRISPIITOS<br>GREEN BEANS<br>LETTUCE SALAD<br>APPLES<br>MILK                                   | 16.CHICKEN<br>FAJITA<br>CASSEROLE<br>MIXED<br>VEGETABLES<br>LETTUCE SALAD<br>COOKIE<br>MILK                | 17.FISH<br>MACARONI &<br>CHEESE<br>LETTUCE SALAD<br>APPLESAUCE<br>MILK          |
| 20.FRENCH TOAST<br>STIX W/SYRUP<br>SAUSAGE PATTIES<br>LETTUCE SALAD<br>GOGERTS<br>MILK                             | 21.COUNTRY FRIED<br>STEAK<br>MASHED POTATOES<br>MILK GRAVY<br>LETTUCE SALAD<br>BREAD SLICES<br>CHOCOLATE<br>PUDDING<br>MILK | 22.SPAGHETTI<br>W/MEAT SAUCE<br>LETTUCE SALAD<br>GARLIC BREAD<br>STIX<br>PINEAPPLE CHUNKS<br>MILK | 23.TURKEY &<br>CHEESE/ BUN<br>POTATO CHIPS<br>PICKLE SPEARS<br>LETTUCE SALAD<br>JELLO<br>MILK              | 24.<br><br>NO<br>SCHOOL   |
| 27.VEGETABLE<br>SOUP W/CRACKERS<br>TOASTED CHEESE<br>SANDWICHES<br>LETTUCE SALAD<br>MIXED FRUIT<br>MILK            | 28.SALISBURY<br>STEAK W/GRAVY<br>MASHED POTATOES<br>LETTUCE SALAD<br>BREAD SLICES<br>APPLE SAUCE<br>MILK                    | 29.MEATBALL SUBS<br>W/SAUCE<br>LETTUCE SALAD<br>CORN CHIPS<br>CARROTS<br>PEACHES<br>MILK          | 30.HAM & CHEESE<br>CROISSANTS<br>POTATO CHIPS<br>PICKLE SPEARS<br>LETTUCE SALAD<br>CARROTS<br>CAKE<br>MILK |   |
| HAMBURGERS   | HAMBURGERS  | CHEESEBURGERS   | HAMBURGERS   | CHEESEBURGERS   |
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